

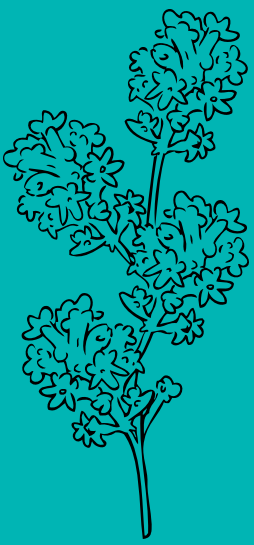
CONSENT 101

with the Richmond Sex Ed Project



defining 'consent'

consent is a concept involving mutual and clear communication, empathy, respect for boundaries and being the decision-maker for our bodies and lives



CONSENT IS NECESSARY FOR HEALTHY RELATIONSHIPS OF ALL KINDS!

- friendships
- romantic
- sexual
- familial
- roommates
- professional
- educational
- and more!

building a consensual relationship requires active participation

PRACTICE EMPATHY

COMMUNICATE BOUNDARIES

LISTEN WITH CARE

CONSIDER YOUR DESIRES

TOUCH ONLY IF ASKED

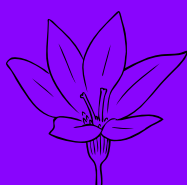
WATCH FOR NONVERBAL CUES

CONSENT IS ABOUT HAVING FUN!

Creating consensual + mutual interactions in which desires and dislikes are communicated leads to more enjoyment for all parties involved!

Sounds good, right?

For more information:



WWW.SEXEDPROJECTRVA.COM

[@SEX.ED.PROJECT.RVA](https://twitter.com/SEX.ED.PROJECT.RVA)

© Richmond Sex Ed Project 2018